

Carina Yvonne La. Amundsen studied at Norway's Academy of Music, where she took her Bachelor's and Master's with Professor Torkil Bye, Prof. Per Øien, Prof. Per Flemström, and Prof. Andrew Cunningham.

She is an active freelance musician and substitutes in professional ensembles. Carina has participated in several recordings and productions, is an active chamber musician and soloist. She is a member of Norway's only professional flute quintet, "5 across" and teaches flute at cultural schools and high schools.